

HOW CAN WE ENVISION A FUTURE TOGETHER?

The means of producing food, medicines, industrial supplies, recreational products, and art-making are in the hands of the communities that they impact.

Local students and scientists and technicians help preserve diverse strains of microorganisms, studying them to improve the health of the earth and the people who reside on it.

(some of these microorganisms studied may prove useful to human health and end up in a version of a Yakult or a Yakult-adjacent drink)



Packing, manufacturing, and distribution of products are managed by the workers, and the pipelines of production minimize ecological impact and exploitation of local communities. The communities where products are being made will be able to afford those same products.

While the majority of Yakult is sold in Japan, where it originates from, manufacturing and distribution currently happens in countries like Thailand and India, where the cost of labor is much lower and less regulated.

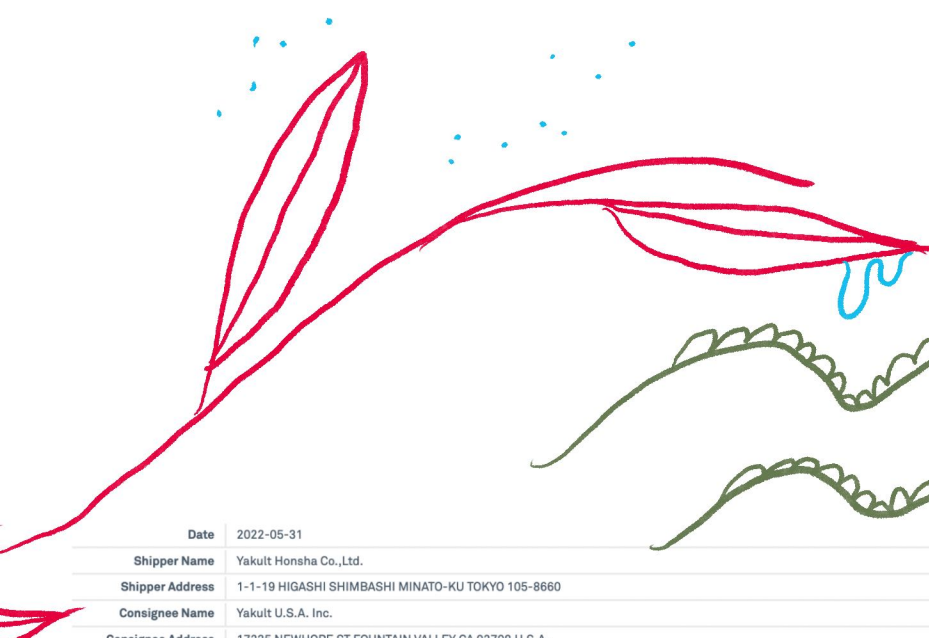
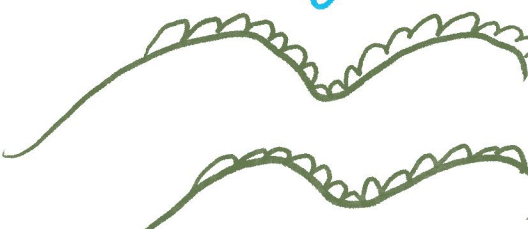
Is this the most efficient way
to create and ship this product?

How do we move away from current
modes of exploitation

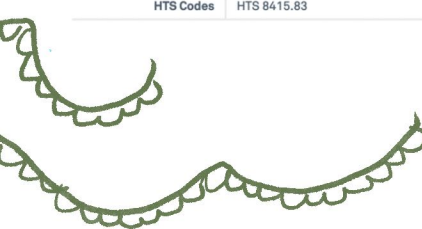
in our restorative future?

U.S. CUSTOMS RECORDS ORGANIZED BY COMPANY
152 U.S. shipments available for Yakult Honsha Co., Ltd., updated weekly since 2007

Date	Supplier	Customer	Details	43 more fields
2022-05-31	YAKULT HONSHA CO., LTD.	YAKULT U.S.A. INC.	SPARE PARTS FOR SEED TANK	BILL OF LADING
2022-05-18	YAKULT HONSHA CO., LTD.	YAKULT U.S.A. INC.	ALUMINUM FOIL NOT OVER 0. 2MM THICK, BACKED	BILL OF LADING
2022-05-12	YAKULT HONSHA CO., LTD.	YAKULT U.S.A. INC.	ALUMINUM FOIL NOT OVER 0. 2MM THICK, BACKED ALUMINUM FOIL NOT OVER 0. 2MM THICK, BACKED	BILL OF LADING

Date	2022-05-31
Shipper Name	Yakult Honsha Co.,Ltd.
Shipper Address	1-1-19 HIGASHI SHIMBASHI MINATO-KU TOKYO 105-8660
Consignee Name	Yakult U.S.A. Inc.
Consignee Address	17235 NEWHOPE ST FOUNTAIN VALLEY CA 92708.U.S.A.
Weight	1430
Weight Unit	KG
Weight in KG	1430.0
Quantity	3
Quantity Unit	CAS
Shipment Origin	Japan
Details	1,430.0 kg From port: Tokyo, Japan To port: The Port of Los Angeles, Los Angeles, California
Place of Receipt	Tokyo
Foreign Port of Lading	Tokyo, Japan
U.S. Port of Unlading	The Port of Los Angeles, Los Angeles, California
U.S. Destination Port	The Port of Los Angeles, Los Angeles, California
Commodity	SPARE PARTS FOR SEED TANK
Container	ONEU0008142
Marks Description	YAKULT YUSA2021-83 C/NO. 1-3 LOS ANGELES, U. S. A.
Carrier Name	NISSIN CORPORATION
Vessel Name	ONE ORPHEUS
Voyage Number	065E
Bill of Lading Number	NSQPT220515387
Master Bill of Lading Number	ONEITYOC74797800
Lloyd's Code	9313008
HTS Codes	HTS 8415.83



I FEEL A STRANGE KIN

Top countries/regions supplied by Yakult Honsha Co., Ltd.

Indonesia

1,104 shipments (35.8%)

Vietnam

1,012 shipments (32.8%)

Mexico

628 shipments (20.3%)

India

166 shipments (5.4%)

United States

152 shipments (4.9%)

Brazil

25 shipments (0.8%)



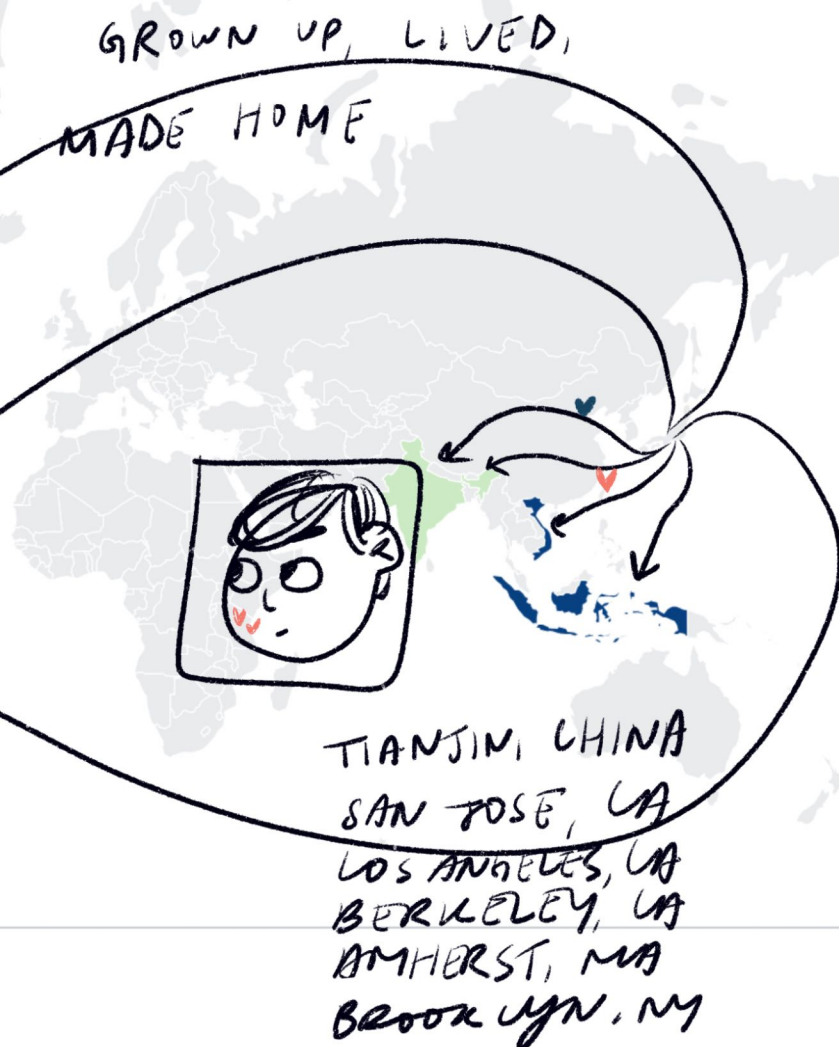
Taipei
Tou henge
Wander
Arushu
Ushango

• TAIWAN
• UNITED STATES
• TANZANIA

Portland, OR
Los Angeles, CA
Boston, MA
Santa Fe, NM
Queens, NY

SHIP WITH THESE BOTTLES

Destination Country/Region



BIODIVERSITY IN COMMUNITIES

In our communities, biodiversity on all levels is maintained and encouraged to flourish. Multiple varieties of crops, including those used for traditional medicine, are grown in ways that work with native species and the environment. Land stewardship is returned to indigenous peoples

Reintroduction and increased access to diverse types of food help improve individual and community microbiomes that have been negatively impacted by the overly-processed Western diet, which destroys diversity on the macro and micro scales simultaneously. And while probiotics can be helpful for digestive health, adding to our existing microbiomes is less effective than supporting the existing organisms there.

MICRO AND MACRO

could your stomach

REISHI

*Ganoderma
lucidum*

Reishi, also called "ling zhi" extract has antiobesogenic effects, as it could regulate the bacteria composition of the gut microbiome. Extracts of mycelium can reverse high-fat diet induced gut dysbiosis. In addition, it can reduce the expression of some inflammatory cytokines.

finally my grandma's sayings are validated

The idea that what you eat affects your body more than just in terms of calories and vitamins is not unique to Asian cultures. Gut health affects more than just nutrition, it is inextricably tied to mood and long term disease. decreased microbiome diversity, a side effect of colonization and immigration patterns, is associated with increased risk of metabolic diseases. Many traditional herbs and folk remedies from predating my grandmother's time have recently been found out to positively affect the gut microbiome, and it is important to bring that ancestral knowledge with us into the future.

eat this it's good for your eyes



LIQUORICE

Glycyrrhiza uralensis

Glycyrrhiza uralensis Fisch., (liquorice) can promote gut absorption, may have anti-inflammatory effect, and has been shown to increase amounts of beneficial gut bacteria in animal studies.

Patent History

Patent number: D271853

Type: Grant

Filed: Apr 30, 1981

Date of Patent: Dec 22, 1982

Assignee: Yakult Honsha Co., Ltd.

Inventor: Tokumitsu Tsuno (Yokohama)

Primary Examiner: Robert

Law Firm: McGlew and

Application Number:

Classification

Current U.S. Class: D/A

International Classifi



surgical mask hanging
from my neighbor's
bitter melon trellis
- Queens, NY

Nutrition Facts		Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, vitamin A, vitamin C, and iron.	
servings per container		The Daily Value (DV) tells you how much a nutrient in a	
serving size 1 bottle (80 mL)		of food contributes to a daily diet. 2,000 calories a	
		day is used here as a guideline for general nutrition advice.	
Amount Per Serving		Calories:	2,000 2,500
Calories	50		
	% Daily Value*		
Total Fat 0g	0%	Total Fat	Less than 65g 80g
Saturated Fat 0g	0%	Sat Fat	Less than 20g 25g
Trans Fat 0g		Cholesterol	Less than 300mg 300mg
Cholesterol 0mg		Sodium	Less than 2,400mg 2,400mg
Sodium 15mg	1%	Total Carbohydrate	300g 375g
Total Carbohydrate 12g	4%	Dietary Fiber	25g 30g
Dietary Fiber 0g	0%		
Total Sugars 10g		Calories per gram	
Includes 9g Added Sugar	18%	Fat 9 • Carbohydrate 4 • Protein 4	
Protein 1g		INGREDIENTS: Water, Sugar, Nonfat Dry Milk, Glucose, Natural Flavors, L. Paracasei Strain, Shirotan.	
Vitamin C 0% • Calcium 0%		No Fat	
Iron 0% • Potassium 50mg 0%		No Cholesterol.	

YAKULT ADS FROM THE PAST...



← what is going on here



capitalizing on orientalist stereotypes while subtly devaluing traditional medicine & spirituality?

YAKULT ~~ADS~~ FROM THE FUTURE?

PROBIOTIC MEDICINE
tasting & feedback



@ THE COMMUNITY LAB
SUNDAY 4PM

BOTTLE DROPOFF
& PICK UP !!

9AM-9PM
MON-SAT

REUSE & RECYCLING CENTER

POTLUCK &
RECIPE EXCHANGE



TOWN KITCHENS
FRIDAYS 6PM

OPEN LAB &
MAKERSPACE



PUBLIC LIBRARY

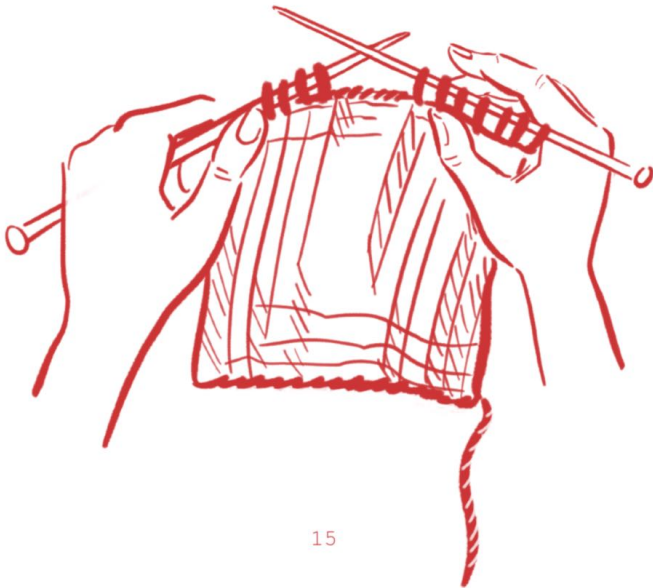
envisioning

Reduce consumption



Valuing different types of work

Have leisure time



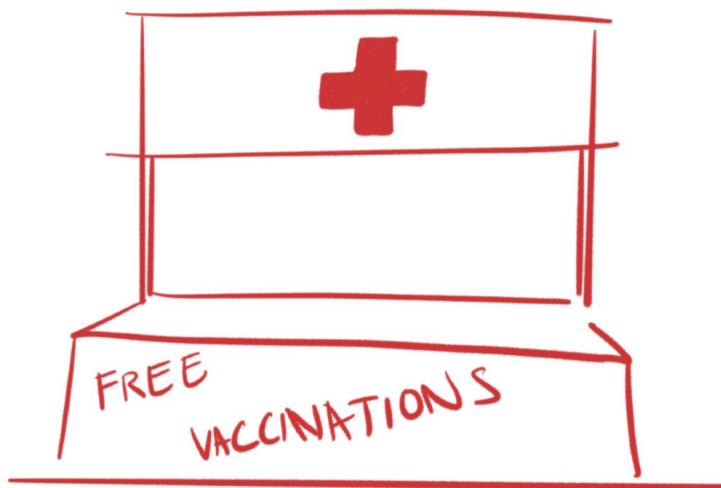
futures

Local contributions to research

+ continuing & improved
access to education



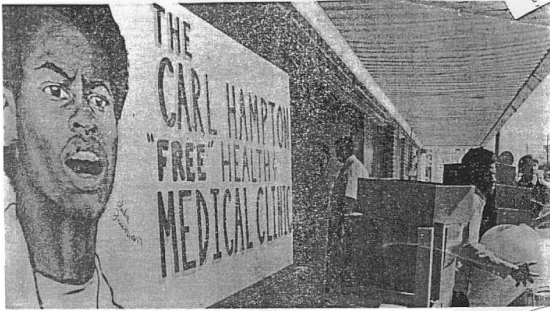
Community accountability for
health



how do we get there?

PORTAL #1 (1969-75)

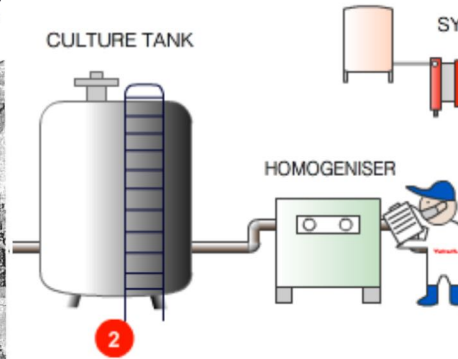
BLACK PANTHERS FREE



Occupants and furnishings leave People's Party II clinic on Dowling

Post photo by Fred Branch

HEALTH & MEDICAL CENTERS



BOTTLE STORAGE TANK

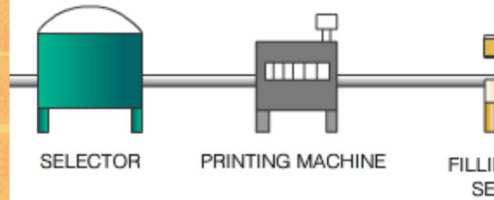


Public Lab

Public Lab is a community and a non-profit, democratizing science to address environmental issues that affect people.

Public Lab was formed in the wake of the BP oil disaster. [Learn more](http://publiclab.org) about our roots and 10th anniversary.

PORTAL #3 (2010-)



publiclab.org

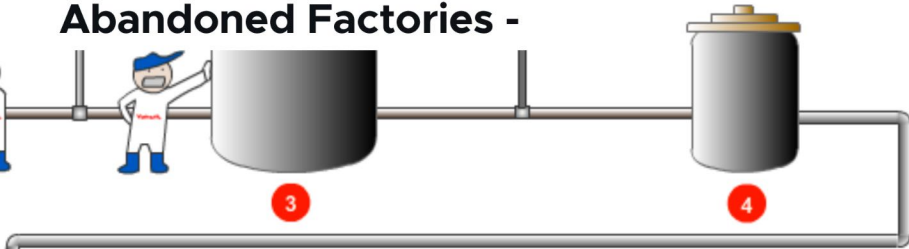
PORTAL #2
(1990s-)

libcom.org

"Occupying, Resisting, Producing" Argentine Workers Take Over Abandoned Factories -

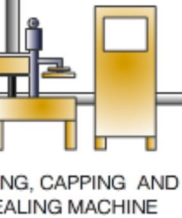


MIXING TANK



ASIAN AMERICAN
COMMUNITY AGRICULTURE

PORTAL #4
(2018-)



ING, CAPPING AND
SEALING MACHINE

8



HOW CAN I HELP?

Support and fund Radical Family Farms' Feeding Seniors CSA!

Radical Family Farms is a QAPI Mixed-Asian 1.5 acre Vegetable Farm based in Sebastopol. Through their community initiatives, they hope to increase food access and respond to anti-Asian hate by caring for our elders with **free and recurring Community Supported Agriculture (CSA) boxes**. CSA boxes contain nutrient-dense and culturally relevant vegetables and are **delivered directly into the community**. Donate to the free CSA program here:

radicalfamilyfarms.com/donate

HOME DELIVERY



Yakult Lady Agent

we're already on our way

citations &

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謝謝阿嬤，
for always keeping the fridge full of
Yakult

acknowledgements

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谢谢 to my grandparents
for feeding me & teaching me,
sometimes at the same time

get in touch!

AMES: @eggstally
& @yam_town
(IG)

DR1: hello.dri.itch.io
@plant-a-dri
(TWT)



TO THE
FUTURE!